

Enfield Adult Day Center

If you are an elder or caretaker of an elderly loved one who needs help with daily activities and personal care, we can help.

We offer:

- A Certified medical model
- Client's care is personalized based on his/her unique needs
- Assistance with personal hygiene
- Social, exercise and entertainment

Enfield Adult Day Center

Town of Enfield Adult Day Center

1A Beech Road
Enfield, CT 06082

Hours:
Monday - Friday
8 am - 4 pm

Phone: **(860) 763-7538**
Fax: (860) 763-7584
E-mail: adultdaycenterdirector@enfield.org
www.enfield-ct.gov

A member of the Connecticut Association of Adult Day Centers



The Town of Enfield is a participant in LEAVE A LEGACY® Connecticut, a statewide public awareness effort to promote charitable giving through wills and estates.
www.leavealegacyct.org



*A Home Away
From Home*

With a registered nurse on-site, the Adult Day Center is capable of providing the following medical services:

- Administration of medications
- Pacemaker checks
- Physical, occupational and speech therapy (contracted services)
- Showers and personal care
- Podiatry services
- Treatments (respiratory, oxygen)
- Counseling, support groups, and guidance (provided by a social worker)

The staff of the Adult Day Center strive to enrich clients' lives by offering a variety of stimulating daily activities, including:

- Exercise
- Entertainment
- Computer Fun
- Gardening
- Field Trips (monthly)
- Hot Meals and Snacks
- The Adult Day Center also has hairdressing services available (fee required)



Serving

The towns of Enfield, East Windsor, Somers, Suffield, Windsor Locks, as well as Longmeadow and Springfield, MA. Other towns are based on availability.

Transportation

Provided by family and friends or by Dial-A-Ride. Clients from Enfield, Somers or Suffield can obtain transportation through Dial-A-Ride.

Attendance

Clients have the option to select the number of days they want to attend. In addition to caring for clients, the Adult Day Center offers caregiver counseling by appointment with a social worker. A Caregiver Support Group, led by a social worker, meets monthly at the Center.

You are not alone in caring for your loved one – help is only a phone call away. To learn more or to schedule a tour of the Adult Day Center, please call (860) 763-7538.

