



Are you struggling with knowing what your child is really asking from you?

Join us to learn how to support and strengthen your parent-child relationship.

Circle of Security will help you:

- Understand your child's emotional needs
- Support your child to manage their emotions
- Enhance the development of your child's self esteem
- Strengthen your attachment with your child

This 8-week series is geared towards children **ages 4 months-six years**. Childcare will be available along with refreshments. Space is limited!!

Upcoming sessions:

Fall Afternoon Session

Thursdays

October 3-December 5, 2019

4:00-5:30 pm

Stowe Early Learning Center

117 Post Office Rd, Enfield

RSVP to Erin at 860-253-6580

or egrimes@enfield.org

Fall Evening Session

Tuesdays

September 24-November 12, 2019

6:00-7:30pm

Henry Barnard School

27 Shaker Rd, Enfield

RSVP to Amy at 860-253-4721

or amorales@enfield.org

